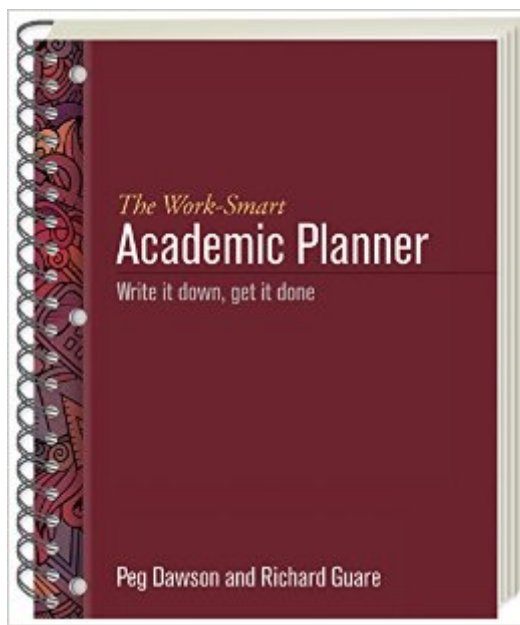


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# The Work-Smart Academic Planner: Write It Down, Get It Done



## Synopsis

From executive skills experts Peg Dawson and Richard Guare, this large-format academic planner is specially designed for students in grades 6-12. It provides a system for keeping track of assignments and due dates while developing the crucial executive skills needed to succeed in school and beyond. Students are given the tools to get organized, manage their time, create daily study plans, learn study strategies, and stay on track. They are also guided to evaluate their own executive skills in order to target their weaknesses and capitalize on strengths. User-friendly features: \*Spiral binding facilitates everyday use. \*Three-hole punched to conveniently fit in a binder. \*Reproducible planning forms; purchasers can download and print extra copies. \*Undated daily and monthly calendars for one academic year. \*Three-year reference calendar (2015-2017) on each monthly page. \*Online-only User's Guide for school psychologists, educators, coaches, and parents ([www.guilford.com/work-smart-guide](http://www.guilford.com/work-smart-guide)). See also the authors' Coaching Students with Executive Skills Deficits, which provides additional resources and guidance for professionals working with this population, plus the authoritative Executive Skills in Children and Adolescents, Second Edition. Also from Dawson and Guare: Smart but Scattered parenting guides and a self-help guide for adults.

## Book Information

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## Customer Reviews

I'm an Executive Function/ADHD coach and I have been highly recommending this planner to the parents of the children I coach. This planner really asks all the important questions that children with

EF challenges often forget. I have read some of the concerns about the cover from parents, but I have recommended that my families buy some decorative duck tape and have the kids decorate the covers. These tape patterns even work for older children.

This book has valuable content. I have a 16 year old son who has severe executive function skill deficits. He looked at it and said it was good inside but he didn't want to carry it because it had an embarrassing cover design. Another drawback in his opinion was the large page format. He wanted the book itself to have smaller sized pages to look more like a typical school planner. He said he'd rather write smaller and have smaller pages. I'm going to have to make a school specific design and laminate it to the front and back covers in order for my son to want to take it to school. I'll gladly do this if my son will use this tool, but it is an issue that could be resolved with more creative design.

I am an ADHD coach and purchased this planner for my 7th grade grandson and to use with my clients in my practice. My grandson's school and many others sell what is very loosely referred to as a planner (actually pages to record daily assignments) for about \$5.00. In my opinion they are worthless. Last year I looked for a student planner at Office Max that would meet the needs of a young student just learning to record and plan long term assignments. I found something that I made due for \$17.00. I highly recommend this planner not only for a young student with ADHD but for all youth just learning how to plan their academic and personal lives. With the recommended instruction (clearly explained in the planner) and reinforcement, this planner is an excellent and very valuable introduction to effective planning habits for all young students. Academic planning is a skill that is overlooked in upper elementary and middle school, which I think is a gross disservice to students. As with any undertaking, planning is the most important and critical first step. Thanks to the authors who efficiently satisfied a huge need.

This is a little over-priced for the actual planner pages but invaluable info. is in the front of the planner where it teaches the user to coordinate with a coach to learn the necessary executive functioning/organizational skills to be successful. I love this planner!

I really want my son to use this planner because almost everything about it is exactly what he needs. However, the 2 major flaws are REALLY a problem. First, each day only has space for 4 subjects, so after all of the pre-work on the planning pages to help him learn about his own needs and inspire him to stay organized, he wouldn't have enough room to do it for every class. What

middle or high school kid has only 4 subjects? After Math, English, History, and Science, most kids have a language class, and then possibly computers, health, and an art. A large number of students also have a religion class. 4 spaces is ridiculous. Second, each space for those 4 classes is small. Kids have little time to write in their planners at the end of class, and to be neat enough to write in the small space would take time and care. With these two problems, he'd have to be able to divide each of the 4 spaces in half to accommodate enough subjects, and then write really small, while trying to wrap up and change classes. I'm going to keep it for the pre-work pages, but still buy another planner with more room to write daily assignments.

This is a wonderful resource for a parent and child to work with when dealing with Executive Dysfunction. We are finding it very helpful as my son starts his middle school years and are glad to have found this resource.

The author did a great job. I purchased this for a special needs student getting ready to transition to middle school. It's working great! I love the assessment in the front the best! It really got him interested.

Great book and incredibly helpful to students who have any executive functioning struggles!

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